

Japan National Tourism Organization (JNTO) offers information and guidance in English and multilingual hotlines.

- Realtime information about the novel coronavirus in English
<https://twitter.com/JapanSafeTravel>
- Emergency guidance in English, Korean and Chinese
https://www.jnto.go.jp/emergency/eng/mi_guide.html
- Japan Visitor Hotline: 050-3816-2787
(24 hours a day: English, Chinese, Korean, Thai and Japanese)

The Ministry of Health, Labor and Welfare recommends these measures for avoiding infection not only of the novel coronavirus but also flu and cold.

- Wash your hands frequently using alcohol hand sanitizer or soap and water.
- Cover your mouth and nose with a bent elbow or tissue when coughing or sneezing. Then immediately discard the tissue and wash your hands.
- Avoid contact with people with fever or cough at short distances.
- Avoid eating raw or undercooked animal products.
- If you have a fever, cough or dyspnea, tell your health care provider your previous travel history.